

**PATIALA MEDICAL COLLEGE ALUMNI ASSOCIATION  
2023  
45th Annual Update in Medicine**

**TARGET AUDIENCE**

This activity has been designed to meet the needs of primary care physicians as well as other medical professionals involved in all aspects of healthcare

**LEARNING OBJECTIVES**

Following this activity learners should be able to:

- Counsel patients about their sources of getting iron, calcium and vitamin D.
- Counsel patients about guidelines for lung and colon cancer screening.
- Counsel patients about HPV vaccination and management of post-partum depression.
- Diagnose and appropriately manage atypical presentation of myocardial infarction, sleep apnea and vascular surgical conditions.



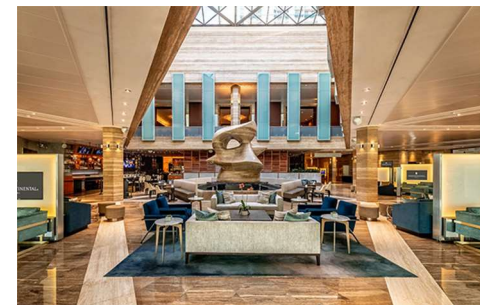
**ACKNOWLEDGEMENT**

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**PATIALA MEDICAL COLLEGE  
ALUMNI ASSOCIATION  
2023  
45th Annual Update in Medicine**

**December 1-2, 2023  
InterContinental Miami  
Miami, Florida  
480-850-7777**



**Jointly provided by:  
SUNY Upstate Medical University, Syracuse, NY and PMCAA**

**For more information, please visit  
[www.pmcaa.com](http://www.pmcaa.com)**

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Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of SUNY Upstate Medical University and the Patiala Medical College Alumni Association (PMCAA). SUNY Upstate Medical University is accredited by the ACCME to provide continuing medical education for physicians.

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## THURSDAY, November 30, 2023

12:00 pm onwards

Welcome arrival of PMCAA members (Hospitality Suite)

## FRIDAY, December 1, 2023

7:55am - 8:00am

**Welcome and introduction**

*Kuldip S. Sandhu, M.D.*

8:00am - 8:40am

**Maintenance of Iron Balance in Our Body: *What an Amazing Orchestra!***

*Jagmohan S. Sidhu, M.D.*

8:40am - 9:20am

**Bone Health and Nutrition**

*Ranjodh S. Gill, M.D.*

9:20am - 10:00am

**Atypical Chest Pain**

*Kuldip S. Sandhu, M.D.*

10:00am - 10:20am

*Tea/Coffee Break*

10:20am - 11:00am

**How to Unravel Elevated Blood Counts?**

*Shivtaji S. Mann, DO*

11:00am - 11:40am

**Lung Cancer Screening**

*Sahil Viridi, M.D.*

**Exhibits open from 7:00am to 6:00pm**

## SATURDAY, December 2, 2023

7:55am - 8:00am

**Welcome and Introduction**

*Ranjodh S. Gill, M.D.*

8:00am - 8:40am

**Sleep Apnea: *Pathophysiology and Treatment Options***

*Ashok Kumar, M.D.*

8:40am - 9:20am

**Potpourri of Clinical Vignettes in Vascular Surgery**

*Sachinder S. Hans, M.D.*

9:20am - 10:00am

**Colon Cancer Under 50**

*Kuldip S. Sandhu, M.D.*

10:00am - 10:20am

*Tea/Coffee Break*

10:20am - 11:00am

**HPV Vaccine: How Has it Helped Us So Far?**

*Parampal K. Gill, M.D.*

11:00am - 11:40am

**Baby Blues and Post-Partum Depression**

*Manju Goyal, M.D.*

*(CME Session concludes here)*

12:20pm - 1:30 pm

Business Meeting

**Exhibits open from 7:00am to 6:00pm**

## SUNDAY, December 3, 2023

*Departure*